

Meet our Professional Staff



TERRI RUEGER, COTA

I am a Certified Occupational Therapy Assistant with more than 10 years of experience with geriatric clients.

I am a 1997 graduate from Northeast Wisconsin Technical College of Appleton earning an Associate Degree in Occupational Therapy.

My focus is to provide comprehensive services to clients with acute and chronic injury and disease. By providing individualized treatment to each client, it is my desire to strengthen and enhance daily skills, which translates to improved quality of life.

In addition to providing optimal rehabilitation services, I am trained in pelvic floor muscle rehabilitation for urinary incontinence and have a special interest in lymphedema management.

I believe in promoting a balanced, healthy lifestyle and in my free time, I enjoy spending time with my family and friends.

WELLNESS &
REHAB CENTER

A MEMBER OF LUTHERAN HOMES AND HEALTH SERVICES, INC.

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Monday - Friday
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